

The Serene Reflection Meditation (Soto Zen) Sangha, in conjunction with
The Shasta Abbey, and Sky Creek Dharma Center, invites you to attend a

TRANSFER of MERIT CEREMONY, DHARMA TALK & MEDITATION RETREAT

SATURDAY NOV. 2nd

8:30 AM - 2 PM

What is a transfer of merit?: “Merit transfer is directing one’s own good deeds
(or karma) to benefit another being, or beings.”



Dharma talk & discussion
by Rev. Master Ando of the
Shasta Abbey Buddhist
Monastery

- Vegetarian Potluck Lunch
- Meditation *
- Incense Offering **
- Transfer of Merit Ceremony

\$25 Suggested Donation to Benefit the Dharma Center (nobody turned away)

* Come 15 minutes early for meditation instruction

** Incense will not be burned inside to be mindful of sensitivities

Sky Creek Dharma Center



A Place to Meditate

120 Three Oaks Ct, Chico, CA 95973